

Wellbeing Outcomes for Carers:-

- Improve your quality of life and wellbeing helping to keep you physically, psychologically and emotionally well.
- Signposted to other local organisations and services, helping to prevent and reduce the need for care and support.
- Help you to develop a life outside of your caring role, and promote integration.
- Be fully informed about the rights of a carer, increasing awareness around carer pathways to other services improving confidence and maintaining independence.
- Receive information, help and support from our dedicated team.

Care Act 2014

Are you a carer or former carer who feels they want to help other Carers?

We are recruiting for Volunteer Carer Connectors. If you feel this is for you Please contact us on:-

0151 670 0777

WIRED Resource Centre
5 St John Street
Birkenhead, Wirral. CH41 6HY



Agencies for Carers Executive
voluntary & community agencies in Wirral working directly with unpaid carers



 **Wirral Clinical Commissioning Group**

0151 670 0777

cws@wired.me.uk

www.wirralcarers.co.uk



Carers Wellbeing Services



Agencies for Carers Executive

◆ voluntary & community agencies in Wirral working directly with Carers ◆

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Are you one of Wirral's 40,000 Carers?

Do you feel Isolated?

Do you need more confidence?

Are you worried about your health?

Are your finances a worry?

If you have answered yes to any of the above questions then our **Carer Connectors** are here for you.

Carer Connectors are based at the WIRED Resource Centre in Birkenhead and are working in partnership with local organisations to help Carers access services and community support that maybe available to them.

Carer Connectors will help identify new Carers and offer them information and advice. They will help Carers to get connected with each other. This will reduce social isolation and encourage them to share knowledge and experiences.

Carer Connectors will encourage Carers to look after their own health and wellbeing, supporting them to access the Carers Grant programme and/or other local community Public Health Services (criteria permitting).

Carer Connectors will be working in partnership with the ACE group to provide training such as maximising income and help to understand dementia and mental health - all aiming to improve Carers confidence.

Who are the ACE group?

The ACE group is made up of a collection of local charitable organisations working together to bring quality information and support to Carers in Wirral, avoiding duplication of services :-

The Lonsdale Trust Wallasey- A local, independent charity offering adult care services, carer support and training.

WIRED (Wirral Information Resource for Equality and Diversity) - Providing services to promote equality, dignity and independence for disadvantaged people and Carers.

MAP (Money Advice Project) — Debt or money problems, free confidential advice.

Alzheimer's Society- Working to improve the quality of life for people affected by dementia in the UK.

Wirral Change - Outreach service for black and racial minorities, offering information and advice on: employment, health, ESOL, training and weekly community groups.

Barnardo's - Support for Young Carers aged 5 to 18 and their families.

Wirral Mencap - Working with and on behalf of adults and children with learning disabilities.

C.A.F.F. - Support group for Carers, family and friends affected by alcohol /substance misuse.

Family Tree - Supporting Carers and families affected by mental health problems.

Headway - Support for the survivors of brain injury, their families and Carers.

Advocacy in Wirral - Independent advocacy service to support you and the person you care for to have your voice heard and uphold your rights.