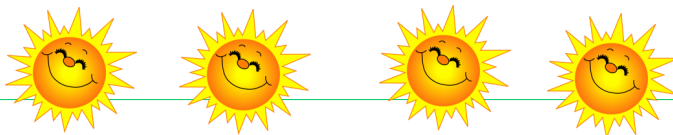




St George's Matters



St George's Medical Centre
Field Road
New Brighton, Wallasey
CH45 5LN
Tel (0151) 630 2080
Fax (0151) 637 0370
www.stgeorgesmedicalcentre.com
PPG Email
WICCG.stgeorgesppg@nhs.net

The Newsletter of the St George's Medical Centre Patient Participation Group

Summer 2016

WHO'S WHO The PPG

Steering Group
Milly Wright (Chair)

John Howe
Lorraine Mahabir
Alan Nurse
Sonja Pearson
Dave Peddie
Barbara Poole
Mo Bowman
Christine Cullen

Practice Liaison

Jeanette Hudson
Susan Weare

GP Liaison

Dr Naylor
Dr James

Business Manager

Melissa Howard

THE PATIENT PARTICIPATION GROUP

WELCOME

Welcome to the Summer Edition of the PPG Newsletter. The Group has met regularly and been involved in many discussions as you will see. We now have over 2000 virtual group members but would welcome more. If you are reading this and have not yet given us your email address please fill in the form available from our Notice Board or if you already have this electronically but know fellow patients who are not yet registered please encourage them to email us at the address above and overleaf.

YOUR NEW PHARMACIST



Welcome to Gareth Malson who joined the practice in May 2016 after working for 9 years in a hospital pharmacy. He will be offering a comprehensive medication review service and helping patients with medicine related problems or who have issues taking their medicines. He will also help the GPs and nurses to manage patients with long term conditions such as hypertension, heart failure, asthma, diabetes and eczema. He works in the practice every day except Wednesday. Gareth has joined us as part of the national Pharmacists in Practice pilot. We hope that Gareth, also enjoys his new and varied role at the practice.

YOUR NEW NURSE



A BIG
WELCOME to
Sister Hannah
McGowan.

Sister McGowan joined the practice in May 2016 and works at the practice three days a week. Sister McGowan has an interest in managing long term conditions and women's health. We hope she will be more than happy here in her new role.

Special points of interest:

- * **Welcome**
- * **Staff Changes**
- * **Building Works**
- * **Foodbank**
- * **Carers' Awareness**
- * **PPG Contact details**
- * **Pharmacist**
- * **High Wire**
- * **Notice Board**
- * **Medicines Waste**
- * **New Website**

SPRING CLEAN YOUR MEDICINES

We are interested in supporting patients to reduce unwanted medicines and wasted medicines.

Keep an eye out for our campaign which is coming soon.....



NEW WEBSITE

We have a new and improved website. Some areas, however, are still under review.

Any feedback on the look or content of the new website would be really useful.



WIRRAL FOODBANK

Wirral Foodbank is a local charity which is part of the Trussell Trust Foodbank Network. The fundamental basis of the Trussell Trust is the Community supporting the needy in the community. To that end St Georges has become a Collection point for donations of non-perishable food: They are always in need of the following—tinned vegetables, tinned fruit, tinned tomatoes, long grain rice, pasta, pasta sauce , UHT milk and tinned/packet soup. Since it started in

November 2011 they have fed and supported 41, 239 people which included 15.026 children.

We want to help those in our community who are struggling and we welcome donations of any of the above items in our collection box in reception. This will assist the Foodbank to raise awareness and support. For more information visit their website www.wirral.foodbank.org.uk

ZIP WIRE

On Saturday 16th July 2016, 17 members of the St. George's Team will be heading up to Bethesda in North Wales to undertake Europe's largest Zip Wire in aid of our local Claire House Children's Hospice. They will be flying across Penryn Quarry at speeds of around 100mph. Members of staff including the Practice Manager, 5 Doctors, 1 practise nurse 1 HCA and 9 Admin staff will be looking to raise as much money as possible.

If you would like to help there are several ways in which you can donate.

In Reception we have:

- A Sponsorship Form at the Front Desk
- A Collection Box

Or you can donate online at

<https://www.justgiving.com/fundraising/StGeorgesMedicalCentre>

Any Donation small or large would be greatly appreciated.

And last but not least

GOOD LUCK
To all participants



CARER'S AWARENESS

Over 7 million people care for a relative, partner or friend in this country. Over 40,000 are in Wirral and many of these will be patients themselves within GP practices, hospitals and other health providers. We

will be holding a carer awareness session in the Autumn with a view to being an accredited member of the Carer Friendly Community. The session will be attended by GPs, Nurses, Receptionists and members of the patient group. The session will enable the team to obtain new skills and techniques to identify patients and visitors as Carers whilst also helping them to understand the impact of caring and where to refer Carers for help.

In the interim, if you feel you, a friend or family member would benefit from finding out more information, a carer' resource pack can be obtained from either Reception or on the practice website.

NEW BUILDING WORK

The Practice is pleased to announce that the first floor refurbishment has been completed. If you are unaware of the development , the practice was successful in securing investment to turn three administration rooms into six state of the art clinical rooms on the first floor. This now means that we have increased capacity to provide additional services to you and your family. On behalf of Dr Hodgson and Partners a big 'thank you' to all patients, staff and visitors who made allowances for the appearance whilst changes were made to the building.



NOTICEBOARDS

Next time you are in the Practice have a look at our newly revamped patient information noticeboards. All our noticeboards are now split into sections and topics to make it easier for you to find the information you require. Any feedback, good or bad, is welcome!